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# The Journey Continues!!

Welcome again to this "Range" and "Discipling" time. We hope and pray that these next few weeks will be a rewarding experience for you. You may be wondering how archery and following Jesus go together. Well, hang on because the journey continues once you have accepted Jesus Christ as your personal Savior into a life of discipleship.

The study you are about to begin is called *Target!* What does that mean? Well, through this study, you will understand that God loves you very much and has a plan for how you should live your life. During this study, you will use *The Disciple Poem* which was written to help you understand what the next step is once you have made a decision to follow Christ. Basically, the lessons in this study will help you understand how we should live as followers of Jesus Christ. And, as if that is not cool enough, we are going to learn more about archery in the process!

So listen up! We are all going to learn something new on the "Range" and in our lessons during the next few weeks.

Target is divided into eight sections, or Targets, that will take you beyond the basics of shooting a bow and arrow to a more in-depth critique of your shooting form and performance. Some of you may have been shooting for a long time and see no need for any help. Everyone will benefit from this course and it will affect your skills tremendously. Please take this to heart, while archery is very important to this study (and there's going to be a lot of shooting!), this handbook was created to help you focus on the many spiritual ways to continue your journey with Christ. Don't worry; we know none of us like homework! Because of that, the lessons are short and concise without missing the target! Each devotional should take you about 30 minutes. However, we encourage you to study further and be in prayer about what God has in store for you as a disciple.

Finally, it is our desire that you will be blessed by this journey and to assure you that others will be praying for your success as you undertake this ministry. We thank God for your effort and hope that each of you find success in archery and, most importantly, that this study will help you take aim on a life of discipleship!

### Let the journey continue!!!

God Bless

Your Team Leaders

# Discipleship

# 1 First Target

Leader Suggestions: Theme: "Remembering"

#### Introduction:

- 1. Welcome and Prayer (Lord's Prayer may be appropriate if there are a lot of new Christians in the group).
- 2. Share the opening story and read the scripture lesson.
- 3. As you begin you may want to introduce the new study by asking what students remember from the first archery class.
- 4. Play a memory game.
- a) Put everyone in a circle and ask each person to introduce themselves.

b) While in the circle

you can choose a person to begin or choose a person whose birthday is the closest to the current date. They introduce themselves and the next person to the right introduces themselves along with the person on their left. The next person on the right introduces themselves and both the previous people on their left and you continue until you get to the last person in the circle who will need to remember evervone's name. 5. Another game is to take a blanket and have 2 people hold it up between 2 other people and on the count of 3 drop it and see who can identify the person across from them first. This game is played best when everyone is familiar with each

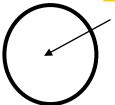
#### Do You Remember?

The road was muddy and wet with deep ruts in places but the 4 X 4 we were traveling in kept going. We were on the road to the house in which I was born. It was a winding road that led to an old farm house shadowed by two large oak trees in the front yard. It was a two story faded white house with broken windows and three of the shudders were loose and hanging at different angles across the windows. The lawn grass was woven together with weeds and matted down because it had been years since it was mowed. As we spun our way through the mud and down the last 100 yards before stopping at the front rusted gate, my parents talked about their memories of a vibrant dairy farm in the mid 1900's and the birth of their first two sons that had taken place in this house. Yes, it was the scene of my birthplace, October 1, 1950. Mom had told me that I was their love child, birthed in the late morning hours on a Sunday, weighing in at whopping ten pounds.

Have your parents or family ever talked to you about your birth? It is always fun to listen to the stories surrounding the birth of children and all the drama that unfolds. On your previous archery journey you had the joy of sharing in the Christian message of birth. You were invited to look at the life of Jesus as shared in God's Biblical truth. The discovery was that we are all love children. God loved us so much that God wanted to live in relationship with us, so, God miraculously sent Jesus to destroy the barrier of sin that separated us from God and by our faith in Jesus Christ we are born anew into God's Kingdom and family.

Do you remember the salvation poem that you learned during your first study? Would you write in the missing words that you remember in the box below?

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	.d a	again
to	the _	
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	, and	
Cha	nge my	
And _	it	
And _	me,	,
To	for	



# Review of our Journey

### **Aiming Point**

John 3:1-17

### Target Memory Verse

• "For God so loved the world that he gave his only begotten Son, that whoever believes in him shall not perish but have eternal life." John 3:16

### Bull's Eye

• The Bible is the Word of God and gives us a picture of God's saving plan for all God's creation through Jesus Christ. Jesus' death upon the cross and resurrection from the dead reveals how much God loves us. Through God's forgiveness and our acceptance of Jesus as our Savior and Lord our lives are transformed, our past is forgotten, and we are invited to walk the way of Christ into God's future

### **Spiritual Goals**

- Reflect on God's Love for me
- Revisit Christ's death on the Cross
- Celebrate God's Forgiveness
- Give witness to my Faith in Christ

#### Archery Goals

- Review of Range Rules
- Review of Basic Handling of bow
- Review of Commands
- Review of 11 Steps of Archery

other.

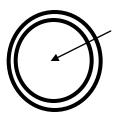
# 1 First Target

### Study Suggestions:

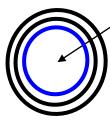
- 1. Read the scripture or have it read by one of the students.
- 2. Discuss the questions in the lesson and have the students record their responses.
- a) Emphasis is being placed on Jesus' death, forgiveness, salvation and scripture.
- b) Emphasis is also on range rules and the 11 steps to archery success.
- 3. As leaders we can never emphasize enough remembering that we are all loved by God as if there was only one of us to love.

### Know the Word

Read John 3:1-17 What does this Scripture mean to you?

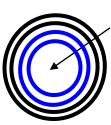


Do you remember the importance of Jesus dying on the cross? Would you please write in the box below what you remember about Jesus' death.



Do you remember what forgiveness means? Have you ever done something wrong at home that caused your parents/guardian to discipline you? We all make mistakes, like saying something hurtful about someone else. We often try to blame others for our actions so that we won't have any consequences for what we have done. How does it make you feel to have someone forgive you for your hurtful actions?

Describe your feelings in the box below.



Do you remember asking Jesus Christ to be your Savior, Lord, and friend? In the Bible, Jesus had a special way of asking people to follow Him. He would simply say, "follow Me", change their lives, and be present with them during every step they journeyed.

# 1 First Target



Do you remember that the Bible is God's word and that it is truth for the whole world? The Aiming Point for us today is John 3:1-17. It is a story about a man named Nicodemus who spent some time with Jesus and discovered that his life could become new and that God was in love with him regardless. Nicodemus was religious and intelligent, yet he discovered that being smart and connected to the right people in society was still not the answer for his life. He discovered that God desired something more for him.

Our memories are very important as we continue our journey of life. Never forget that you are a love child; loved by God, adored by Christ. God believes we are worth Jesus' dying on the cross and being resurrected from the dead. Do not forget that we are the children of God.



Do you remember the Range rules? How important is it to follow these rules every time we shoot. Do you remember the four (4) whistle commands and their meaning?

1.		
2.		
3.		
4		

Today we are trying to remember important aspects of our lives and our relationship with Christ. We also are trying to remember the important aspects of archery to enable us to be successful as we journey in this Target series of discipleship.

Remembering is an important part of continuing to shoot with a bow and arrow safely. Remembering is also an important part of our lives as we successfully and significantly follow Jesus Christ.

# Know the Word

Read again John 3:1-17		7		
What doe tell us abo	s thi	s Scr Iicod	iptu lemi	ire us?

# 1 First Target



Do you remember the eleven steps to Archery Success? List them in the box below:

#### Leader Conclusion:

- Share highlights of the lesson and the importance of remembering our experiences of faith.
   It would be a great
- 2. It would be a great time to share what you remember about your baptism, becoming a Christ follower, or the experiences of joining the church.
- 3. As the leader it is important that the students can see the Biblical material and sense the way scripture and everyday life fit together that causes us to serve.
- See + Sense = Serve 4. Share announcements and challenges for the week
- 5. Recite the Disciple poem in unison.

ahead.

6. Close with praying the 1<sup>st</sup> Target Prayer in unison.

1
2
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10
11

Extra Notes:		

## Know the Word

In light of what we've discussed, what responsibility do followers of Christ have in remembering and sharing their faith?

## 1st Target Prayer:

Dear God, thank you for giving us the ability to remember. I remember that Christ is my Savior and that I have the gift of eternal life because of your love and grace. I remember that I have responsibilities to share in a safe way as I continue to learn the sport of archery. Thank you for my instructors and their leading me to know you and enjoy myself as I learn to be a disciple and an archer. Amen.



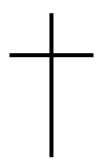
# **Target**

Taking Aim at A Life of Discipleship

# The Disciple Poem

Jesus, Your Presence in my life each day - Mark 12:30-31
Gives me strength and courage along life's way - Joshua 1:9
Enable me to walk in newness of life - Matthew 5:13-14
And be Your loving servant in joy or strife - Matthew 25:29
Give me eyes to see the journey ahead - Matthew 4:19
And hands to embrace others who tread - Luke10:27

Biblical Studies Developed and Approved for Centershot Ministries in Consultation with WhatsNxt4U 120 Hanworth Lane Daniels, WV 25832 304-543-4496 and 304-228-5903



# The Disciple Poem

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